

THE THOUGHTS & THE DROP OF WATER

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Some days ago, while I was watching the film "What the bleep do we know", I had the wish of sharing with Transform readers some of the ideas the film had stirred in my feelings, because they seemed to me new and important, and in doing so make our kind readers enthusiastic....

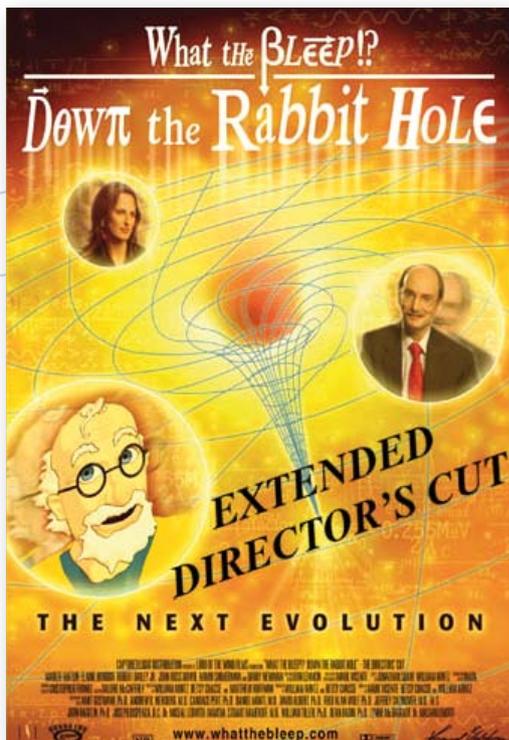
Some scientists and qualified teachers are on the screen and they indicate how necessary it is to put aside that way of thinking through which we believe everything around us is something previous and that they exist without our participation or choice. Instead, we can begin to recognize that even the material world that surrounds us – the chair, the table, the room, the carpet and other objects- is nothing but possible movements of the conscious state and that we choose, moment after moment, between those movements to achieve the materialization of our "personal experience".

When we think that the world is there independently of our experience, it is too radical and complicated to change this way of thinking in view of something so "evident". That is why these teachers invite us to feel this "new" way of seeing life if we really want to live in the new millennium that has begun, and so that a real Transformation allows us to raise from the mistakes made in past beginnings of centuries or millennium.

This way, instead of thinking about "things or situations" that are affecting us and we cannot change, we can think in "possibilities". They are all different possibilities of our own conscience, "opportunities" that life presents in our benefit

There exists an "observer" that sees through our eyes, that hears, feels, perceives, thinks... and creates. However, no physics, scientists or researchers know where it is placed in the organism, even though it cannot be ignored.

They have looked for it inside the head, brain, body organs... everywhere... and there is nobody there, that can be called "observer". "Nevertheless, we all have this experience of being something, that we call an observer, watching the world outside".



• PEARLS FROM SIERRA BLANCA

One of the teachers says it is the conscience who is guiding the vehicle and is watching the surroundings, like a spirit or ghost. Personally, this made me think that THE BEING, the I AM without any other qualification manifests in each person during all the journey of life and it is anxiously waiting to be invited into action, in a creative and orderly way, with the attention, feeling and free will that everybody has. And in saying order, I mean a manifestation of Love, or in other words, that love does not exist where disorder exists.

We can see in one moment of the film that an exhibition of pictures by Mr. Masari Emoto called "the message of water" is shown.

Mr. Emoto was very interested in the molecular structure of water – the most receptive of the four elements – and what affects it. He thought that may be it would react to non physical things, and so he applied a series of mental stimulus to water, taking photographs of the molecule with an ultra – microscopy.

As a result, those molecules treated with "love" or "thanks" or other positive thoughts gave a beautiful and ordered image of the formation of such molecule; however, some water molecules that had been sent thoughts like "you are disgusting" or "I'll kill you" show such disorder and distortion in the crystals that make up the molecule that it really makes you think "if a thought does this to water, imagine what our thoughts can make us..."

Most people do not affect reality in a conscious, substantial way because they think they cannot do it. They think something and immediately discard or delete it, thinking it is nonsense, and this way they allow the exterior to affect and manipulate them.

It is high time we know that whatever we generate in thoughts and feelings affect first of all our own body, and later they come back one way or other.

That is why I would whisper the kind reader that it is very convenient to start speaking well about water, which compounds most of our body and also our planet, that there are plenty of good things, that there is no water shortage but there is a great necessity of the human beings to use it with love, respect and gratitude for all the services water constantly gives us.

If you like to see film, look for it and enjoy it.

