

# editorial

by Mercedes Frauca

# W

e are pleased to present the third issue of Transform, which continues to bring you closer to the Handsome, Health and Happy elements that are the reason for our existence.

Due to the great success of the magazine and in order to also reach our Spanish readers, we are editing the articles both in English and Spanish. We are also becoming better known as months go by and our distribution points continue to expand. We are glad to see that people not only enjoy reading our magazine, but also learn how to transform their lives for the better and not only by undergoing surgery, but in many other ways as well.

We trust that you will be able to see the seriousness, care and affection with which our articles have been written, to learn about new techniques and therapies and to have a good time while you are at it.

In this issue we will focus on the History of Aesthetic Surgery and the New Abdominoplasty (Tummy Tuck). You will gain an understanding of how Surgery has developed and improved from the very beginning and how it has transformed during its development, and at the same time the reasons for the change.

You will also discover the latest methods of contraception which will help you to reassess the ones you might be currently using yourself. You will become more familiar with intravenous chelation therapy and you will learn the benefits it can have on your health.

First of all, take a look at the critics of the Zone Diet (part II) in case you decide to follow it.

Don't miss the filling of fine and deep lines, because this can really transform your face and your appearance. See what orthodontic treatment can do for your teeth and for your smile and, best of all, there is no age limit for this treatment.

Finally, search for happiness in your everyday life and pay special attention to the "attention" as suggested by Carlos Llorente. Travel with us to Finland, breathe in pure, fresh air, feel at peace just by looking at water and being close to nature.

We hope you will become as interested in reading as we have been ourselves in writing this magazine and that your sense of curiosity will take you to the very last page, because what is youth but the need to learn and find out more every day?

Welcome.

**Transform Magazine is not related in any way to  
Transform Clinics in the United Kingdom**