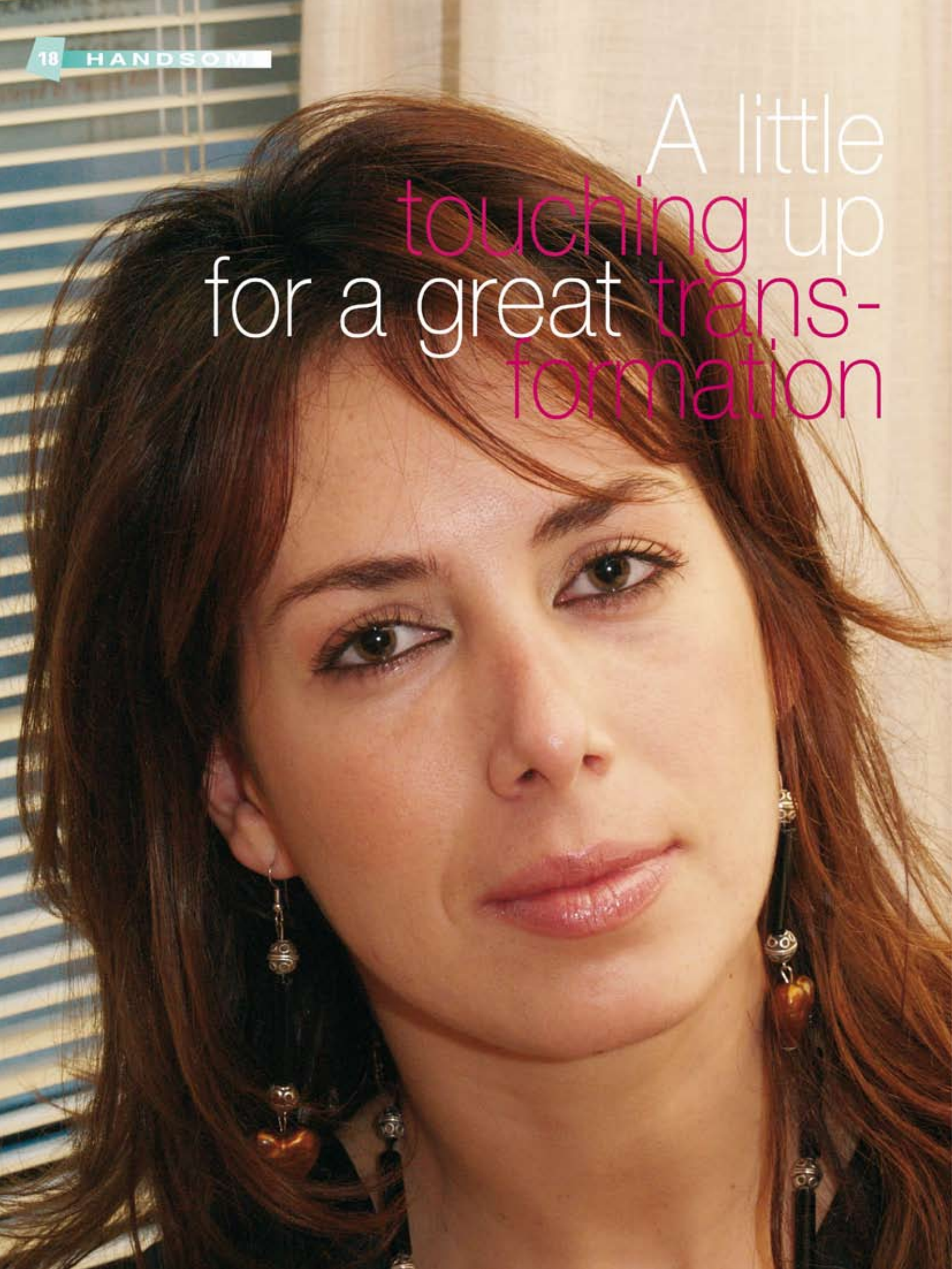


A little  
touching up  
for a great trans-  
formation





### 3 OPERATIONS FOR A BIG CHANGE :

Talking to María Martín, the first thing we notice is that the possibilities offered by plastic surgery to transform your appearance often consist of almost imperceptible retouches rather than important changes. The surgeon's work is increasingly more precise, achieving an overall effect that is impressively natural and authentic.

What becomes evident seeing the photos in this case is that it has gone unnoticed until now, even by the people closest to María, who have only observed that she "looks better" and, as she tells us, they usually put it down to the fact that she has changed the colour of her hair and uses a lighter tone of makeup.

So far she has undergone three operations :

**1** **on her breasts**, one on the nose and a third on her eyelids. "I never suffered any complexes about feeling ugly, in fact I had worked as a model; I just wanted to improve on certain aspects". María admits that what made her hesitate at first was the fear of putting herself in the hands of someone not very professional and what encouraged her to take the decision was seeing specific cases of other patients in the surgery of Dr. Albrecht.

The first time she underwent surgery was two years ago, to increase the size of her breasts, "I have always been tall and very slim; I do sports and I am satisfied with my body, but it needed a few more curves".

The doctor inserted two gel implants under the muscle, this material giving a much more natural shape than silicone. "It is the best decision I took in my life".

**2** **operation was to make her nose slimmer** because, although the one she had was not, in her words "out of proportion to the rest of her features", she felt that over the years it had become more pointed and made her look older. On the recommendation of the same plastic surgeon, she had retouches done to the bone and to the tip of the nose, giving a result that made her look "like the photos of when I was a young girl."

After the rejuvenating effect of this little retouch, of which, according to Maria, not even her family has become aware yet, Dr. Albrecht spoke to her of the possibility of a simple operation to eliminate the rings under the eyes that she had always had.

**3** **After filling in with a little fat under the eyes**, she lost the tired, sunken look of her eyes.

"I can't say my life has changed, because I was never a person to suffer complexes or to feel insecure, but I do see myself as being more sexy" and especially "more at ease" in her work as an estate agent, which obliges her to make frequent trips to Paris and London. "When you are in contact with the public, your appearance is very important, and now I know I look good, however little sleep I get".